Midwives Learn

E-Learning courses designed by midwives, for midwives.

ACM members receive a 50% discount on all ACM courses
Completing this course will re-enforce your knowledge on how to best support women with their breastfeeding challenges, queries and concerns.

This course is designed for qualified midwives who want to refresh their knowledge about breastfeeding.

In this course, we describe the knowledge and skills midwives require to successfully assist women to instigate and then continue to breastfeed their babies. The content within this course covers:

- Breastfeeding in Australia
- How breastfeeding works
- Breastfeeding in the first 24 hours
- Getting breastfeeding off to a good start
- Breastfeeding challenges
- Breastfeeding equipment
- Continuing to breastfeed
- Mothers not breastfeeding

Duration: 8 hours  
Price: $176.00 | $352.00  
Course access: Access will be granted for 12 months from enrolment

BFHI Facilities receive 50% off the member price for bulk order agreements.
NEONATAL RESUSCITATION

Completing this course will re-enforce your knowledge in neonatal resuscitation.

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<th>Duration: 3 hours</th>
<th>Price: $88.00</th>
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This course is designed for qualified midwives who want to refresh their knowledge about neonatal resuscitation.

Childbirth is an extraordinary and challenging life event which profoundly influences a woman’s physical, social and emotional well-being. The care, information and emotional support that the midwife offers the labouring woman and her chosen companions can set the scene to protect the woman’s physical wellbeing and nurture her emotional strengths.

EPIDURAL & SPINAL ANALGESIA

Completing this e-Learning course will re-enforce your knowledge in how to manage epidural and/or spinal analgesia.

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This course is designed for qualified midwives who want to refresh their knowledge about the management of epidural and spinal analgesia for labour and birth.

The care, information and emotional support that the midwife offers the labouring woman and her chosen companions can set the scene to protect the woman’s physical well being and nurture her emotional strengths as she becomes a mother.

In this course we describe the assessment and procedures involved in providing the woman with epidural and/or spinal analgesia during labour and birth, as well as ongoing care once the baby has been born.
The Midwifery Initiated Oral Health (MIOH) e-learning course has been designed to provide qualified midwives with the necessary skills for assessing and initiating oral health care for women during pregnancy and postnatal.

This course was prepared by the Centre for Oral Health Outcomes & Research Translation in collaboration with Centre for Applied Nursing Research, Sydney & South Western Sydney Local Health Districts, Sydney Dental Hospital, Western Sydney University and the Australian College of Midwives (ACM). It is supported by the NSW Centre for Oral Health Strategy.

By completing this e-learning course, midwives will have the opportunity to expand their knowledge of oral health in women during pregnancy and postnatal; develop confidence in their clinical practice in the field of oral health and associated care requirements; and provide evidence to their colleagues that they are professionally capable to initiate oral health care plans for women.
WOMEN WANT TO KNOW: PREGNANCY & ALCOHOL

This e-Learning course has been developed for midwives in partnership with the Foundation for Alcohol Research & Education (FARE).

This course is designed for midwives who want to refresh their knowledge on how to advise women about alcohol in pregnancy and whilst breastfeeding and is an essential component of the Women Want to Know project.

This project is supported by funding from the Australian Government Department of Health and aims to encourage health professionals to routinely discuss alcohol and pregnancy with women and to provide advice that is consistent with the National Health and Medical Research Council’s Australian Guidelines to Reduce Health Risks from Drinking Alcohol.

The content within this course covers:
- effects of alcohol consumption during pregnancy;
- effects of alcohol consumption when breastfeeding;
- what women want to know about alcohol and pregnancy and facilitating discussions about alcohol consumption with women;
- Assessing and advising women about their alcohol consumption
- Dealing with complex presentations and referral.

TELEHEALTH FOR MIDWIVES

This free course has been designed to provide midwives with information on how to integrate telehealth into their practice. It aims to help you meet the Nursing and Midwifery Board of Australia’s CPD requirements for ongoing registration. The course will take approximately 4 hours to complete, which equates to 4 CPD hours.
DEHYDRATION:
Concerns and considerations for midwives

Duration: 8 hours
Price: $88.00 | $176.00
Course access: Access will be granted for 12 months from enrolment

This course is provided by the Australian College of Midwives in consultation with the Hydration Pharmaceuticals Trust.

This course is designed for qualified midwives who want to refresh their knowledge about the causes, risks, prevention and treatment of dehydration. The material describes the considerations and concerns you may have in caring for women with dehydration during pregnancy.

 Completing this course will reinforce your knowledge and skills to confidently manage dehydration in pregnancy, as well as helping to educate women about how to prevent dehydration from occurring.

Midwives will complete the following e-learning modules:
• The physiology and pathophysiology of dehydration
• Dehydration in pregnancy, labour and postnatal
• Measures for managing and preventing dehydration

2019 WEBINAR CALENDAR

ACM delivers a minimum of 12 new webinars per year each attracting on average 1 CPD hour. Webinars can be accessed either at the live event or as a recording at a later date, if the live time did not suit an individual’s work/family schedule. Register for an upcoming webinar by visiting www.midwives.org.au/our-events.
The importance of the midwife

CONTINENCE PROMOTION:

This course is designed for qualified midwives who want to refresh their knowledge about bladder, bowel and pelvic floor health.

As key health care practitioners involved in the care of women during childbearing, midwives are in a unique position to be able to promote bladder, bowel and pelvic floor health. By completing this course you will learn more about:

• Anatomy and function of the pelvic floor and the perineum;
• Normal bladder and bowel function;
• Disorders of continence and the pelvic floor;
• Anatomy and physiology of the bladder, bowel and pelvic floor during pregnancy and postnatal;
• Impact of childbirth on continence and the pelvic floor; and
• Postnatal care and long term issues

The full Continence Promotion course has been approved for 8 ACM CPD Recognition Hours, which means that you can accrue up to 40% of your annual CPD hours.

Are you only interested in one of these topics? Do you only need to accrue 1-2 CPD hours? Continence Foundation Australia and the ACM are very excited to announce that the Continence Promotion course is now available as individual modules.
PROFESSIONAL PEER REVIEW

The Professional Peer Review course has been designed as an introduction for midwives to the Peer Review Process and its role within the healthcare sector.

By completing the course you will learn about the purpose of peer review and the benefit that it provides to various stakeholders, as well as the process and roles involved in typical Peer Review. You will also learn about key skills that a Peer Reviewer will be able to draw on during the Peer Review process.

Completing this course will provide you with a solid foundation and understanding of the Peer Review process and is designed to increase your general knowledge and awareness, especially if you are considering becoming a Peer Reviewer.

This course is a pre-requisite for people wishing to become a reviewer for the Australian College of Midwives' Midwifery Practice Review program, or assessor for the Baby Friendly Health Initiative program.
COMING SOON!

REFRESHER PROGRAM FOR MIDWIVES

This program has been designed by the Australian College of Midwives (ACM) for Midwives holding general registration with the Nursing and Midwifery Board of Australia (NMBA).

The program refreshes midwives existing knowledge and skills by drawing on current evidence, research and practice. This is a theory based package.

**Midwives Requirements**
Any midwife can undertake this theory based package. This program does not include any clinical placement.

Midwives looking to refresh their clinical skills can find options listed on the ACM website. They must meet the NMBA Recency of Practice Registration Standard and hold a general registration.

Midwives needing to update clinical skills to meet regulatory requirements such as conditions on registration will need to follow the guidelines of the Australian Health Practitioner Regulation Agency for re-entry to practice.

**Learning Outcomes**
Midwives will be able to align their existing skills and experience to their refreshed knowledge of contemporary midwifery practice.

**The Program**
The program delivers 37 hours of learning across the Core modules. Midwives have access to an additional 16 Elective hours as well as the ACM webinar recording library offering over 60 hours of additional learning opportunity.

**Core Modules**
- Introduction to contemporary midwifery practice in Australia;
- Assessment and management of the antenatal period including common pregnancy variations;
- Assessment and management of labour and birth;
- Assessment and management of the postnatal period;
- Assessment and management of neonatal resuscitation;
- Assessment and management of breastfeeding, including common complications.

**Elective Modules**
- Epidural & Spinal Analgesia
- Perineal care and management
- Hydration requirements during pregnancy
- Professional Peer Review
- Midwifery Initiated Oral Health

**Cost, Duration, Study Mode**
$999.00 ACM members / $1998.00 non-members
37 Core hours + access to 16 elective hours
Online study over six months from the time of enrolment.

Coming in 2019!
This course has been designed for Baby Friendly Health Initiative (BFHI) Assessors, both new assessors and a refresher for existing assessors.

By completing this course you will learn about the BFHI accreditation and re accreditation process in Australia, as well as how the criteria are assessed in health facilities. You will also learn about key skills that a BFHI Assessor will be able to draw on during the BFHI assessment process.

This course, together with what you have learnt in the Professional Peer Review course, will provide you with a solid foundation and understanding of the BFHI program and is designed to increase your understanding of the role of BFHI Assessors.
NEW!

THE C&R GUIDELINES ARE NOW AVAILABLE ON YOUR PHONE!

You can now access the ACM National Midwifery Guidelines for Consultation and Referral on iOS and Android devices.

“The new ACM Guidelines, accessible from your pocket and easy to use, is a great new tool for midwives in Australia.”
- Professor Sally K Tracy

Search ACM C&R GUIDELINES in the App Store or Google Play Store to download.

This application for smartphones is based on the 3rd Edition Issue 2 of the ACM National Midwifery Guidelines for Consultation and Referral, also available as waterproof print and online on the ACM website www.midwives.org.au/shop

*Cost per download applies - all proceeds go towards maintaining and improving the C&R Guidelines.
Membership, Events, Marketing, Communications and Media
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