



ARE YOU HAVING
A BABY?
UTS: MIDWIFERY

CAN I CHANGE MY MIND?

Your views and experiences at this time are important and if you do not wish to continue to have a midwifery student with you at any time then please contact the person listed on your consent form immediately.

We respect your right to change your mind at any time. Your choice not to have a midwifery student with you will not affect your maternity care in any way.

Remember: This is your pregnancy and it is your decision whether you wish to have a midwifery student with you. What you choose to share with the students is up to you.

Thank you for your interest.

HOW CAN I FIND OUT MORE?

Please speak with your midwife or doctor at your antenatal visit if you would like to discuss this further.

health.uts.edu.au

ARE YOU HAVING A BABY?

Would you like to share your experience of pregnancy, birth and the early weeks after your baby is born with a midwifery student?

WHO: IS A MIDWIFE

A midwife is someone qualified to provide care to a woman during her pregnancy, childbirth and following the birth of her baby. Midwifery care focuses on normal pregnancy and childbirth and midwives work alongside other health professionals if complications arise. Midwives can work in the community, in hospitals, or in women's homes.

WHO: ARE MIDWIFERY STUDENTS

These midwifery students are studying at the University of Technology Sydney in order to gain the knowledge and skills to be able to register as a midwife in New South Wales. They work under the direct supervision of a registered midwife.

As part of their studies, midwifery students need to gain an understanding of pregnancy and becoming a new mother from the woman's perspective. This is best achieved by sharing some of the experiences a woman has during her pregnancy through to the early weeks after she has given birth.

WHAT: IS INVOLVED

The midwifery student will firstly meet you and your midwife at one of your antenatal visits. If you agree to have the student with you, you will be asked to sign a consent form. The midwifery student will:

- > Attend some of your antenatal appointments
- > Contact you to talk about your pregnancy experiences, thoughts and feelings
- > Be with you at the birth of your baby if you wish to have this happen, and if the student is available at that time
- > Contact and visit you after the birth of your baby.

WHY: THE BENEFITS

- > You will get to enjoy the continuity of care a midwife provides by getting to know each other during your pregnancy
- > The midwifery student will be able to offer you support
- > It will be an invaluable experience for the midwifery student to hear about your thoughts and feelings over this time
- > The midwifery student will be able to learn about the experiences of women during the first few weeks with a new baby
- > This experience will also help the midwifery student to understand more about midwifery and how they can work with women.

